

Sports Equity Youth Scholars Program

A rigorous, 9-week research experience in sports equity — with mentorship from world-class researchers from Stanford and beyond.

Scholarships Available

Fully Remote

Summer & Winter Cycles

High School & Undergraduates

US & International

9

WEEKS

2×

CYCLES / YEAR

100%

ONLINE

ABOUT THE PROGRAM

Where Future Researchers in Sports Equity Begin

The Sports Equity Youth Scholars Program is an independent initiative by the Sports Equity Lab — a premier research hub dedicated to advancing equity in global sport. Designed for ambitious high school students and undergraduates, this program offers a rare entry point into the frontiers of sports equity research.

Participants work directly on active research projects under dedicated project leads, gaining hands-on experience in literature review, data analysis, conceptual analysis, and academic writing — skills that shape the next generation of sports equity scholars.

Mentorship from Stanford-based researchers and practitioners, as well as the Sports Equity Lab's collaborators from leading institutions around the world. This program is independently delivered by the Sports Equity Lab, bringing world-class academic rigour to every step of the experience.

WHAT YOU'LL GAIN

Benefits & Credentials

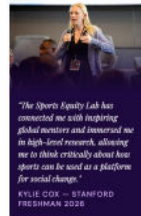
- Hands-on research experience in sports equity at the highest level
- Mentorship from renowned experts and Stanford faculty
- Valuable skills for college admissions and beyond
- Certificate of completion from the Sports Equity Lab
- Access to the Sports Equity Lab's monthly workshops (during the academic year)
- Lifelong alumni network and community
- Network-building with peers, scholars, and industry professionals

PROGRAM FEES

Full Program (9 weeks)

\$3,000

Need-based scholarships (full tuition waiver) are available for highly motivated students. Scholarship availability is limited.



"The Sports Equity Lab has connected me with inspiring global mentors and immersed me in high-level research, allowing me to think critically about how sports can be used as a platform for social change."

KYLIE COX — STANFORD FRESHMAN 2024



"SEL has been one of the best experiences for me in high school. Every person in the lab is incredibly welcoming, eager to mentor new students, and truly passionate about everything they do."

VARINI KADAKIA — STANFORD FRESHMAN 2024

Program Structure & Curriculum

Sports Equity Youth Scholars Program — 9-Week Research Journey

9-WEEK CURRICULUM

WEEK-BY-WEEK OVERVIEW

WEEK 1

Orientation & Immersion

- Overview of the Sports Equity Lab and its research
- What it means to do research in sport
- Education pathways in sports equity
- Expectations & community building
- Project assignment

WEEK 2

Onboarding & Lab Rotation

- Meet your project lead and team
- Rotating shadowing: Research, Operations, Administration
- Confirm individual research plan
- Dive into project context and background
- Task distribution and planning

WEEKS 3-6

Active Research Phase

- Literature review & concept analysis
- Data collection & coding
- Weekly team meetings
- Bi-weekly mentorship sessions
- Weekly peer discussions & feedback

WEEK 9

Showcase & Celebration

- Mini-conference: present your research
- Gala closing session
- Certificate issuance
- Alumni network induction

LEARNING OUTCOMES

What You Will Know



Understand the end-to-end research process in sports equity studies



Practical skills in data collection, coding, and literature analysis



Deep exposure to sports equity issues across global sport



Produce a complete research output: brief report and presentation



Academic communication skills that strengthen your university applications and beyond

Each 2 students are paired with a dedicated scholar — a postgraduate or early-career researcher who guides your work, reviews your progress, and helps you grow academically.

HOW TO APPLY

Application & Eligibility

Apply Today

- Personal Statement (with guiding questions provided)
- Current CV or academic résumé

OPEN TO

- High school students (US & International)
- Undergraduate students
- All backgrounds and nationalities welcome

APPLY AT [SPORTSEQUITYLAB.ORG](https://sportsequitylab.org)

Need-based scholarships covering full tuition are available for outstanding applications.

To accommodate all time zones, all online sessions will be held in the morning of North American time.

For questions related to the program, please contact: abstimur@stanford.edu