

Achievement of DRC over the past year and plan for upcoming year

Dr Maria Paul
Secretary DRC since July 2022



Consultant in Rehabilitation Medicine
State-wide Brain Injury Rehabilitation Services , South Australia



New DRC leadership committee from July 2022. Established at ISPRM, Lisbon

Dr Farooq Rathore -Chair, Pakistan



Prof Taslim Uddin
Treasurer, Bangladesh



Dr David Crandell -Vice Chair, USA



Dr Maria Paul
Secretary , Australia







- ❑ First challenge – update membership and mailing list- achieved following survey
- ❑ Second challenge – organise monthly meetings suitable for 4 clinicians across 4 time zones

Biggest tip !!

International meeting scheduler

[Time Zone Converter – Time Difference Calculator \(timeanddate.com\)](https://timeanddate.com)

 Boston, MA, USA EST (UTC -5)	Wed, 1 Mar 2023	10:00 pm 😞 ⋮
 Lahore, Pakistan PKT (UTC +5) 10 hour(s) ahead	Thu, 2 Mar 2023	8:00 am 😞 ⋮
 Dhaka, Bangladesh BST (UTC +6) 11 hour(s) ahead	Thu, 2 Mar 2023	9:00 am 😊 ⋮
 Adelaide, Australia * ACDT (UTC +10:30) 15:30 hour(s) ahead	Thu, 2 Mar 2023	1:30 pm 😊 ⋮

Meetings held- 1st Dec 2022

Agreed on 3 working groups

- Research and Publication- To be led by Prof Taslim and supported by David
- Climate Change- To be led by David and supported by Maria
- Communication- To be led by Maria

- Ideas on improving /updating the DRC web page at ISPRM web site - <https://isprm.org/drc-resources/>

ISPRM Announcements:



PRM News Worldwide

Joint Statement by the World Rehabilitation Alliance regarding the...
February 12, 2023

Global report on health equity for persons with disabilities
December 13, 2022

ISPRM LIVE Interview: **The Road to Psychiatry '23**
December 12, 2022

Share your views on the Global Musculoskeletal Strategy!
December 6, 2022

INTERNATIONAL FELLOWSHIP OPPORTUNITY – KARM (2023)
November 29, 2022

DRC – RESOURCES



[CLICK HERE TO ACCESS overview of the ISPRM Disaster Rehabilitation Committee \(DRC\)](#)



RESOURCES

(updated September 2017)

▾ ISPRM Disaster Education & Training Resources

- [Sep 2017 - ISPRM recommended humanitarian competency framework with online educational resources for PRM disaster responders](#)
- [Responding internationally to disasters: a do's and don'ts guide for rehabilitation professionals](#)

▾ WHO Disaster Education & Training Resources (to which DRC has contributed)

- [WHO 2016 - Minimum technical standards and recommendations for rehabilitation for EMTs](http://www.who.int/disabilities/emergencies/en/)
<http://www.who.int/disabilities/emergencies/en/>
- [WHO 2013 - Guidance note on disability and emergency risk management for health](http://www.who.int/disabilities/emergencies/en/)
<http://www.who.int/disabilities/emergencies/en/>

Questions to consider before leaving home, whilst working in the disaster area, and on returning home: Do's and Don'ts

BEFORE LEAVING HOME

1: I am thinking of helping, what should I do to get involved?

DO



Consider ways to help without travelling to the disaster area e.g. making donations and supporting disaster relief organisations.



Consider your desire to respond **before** any disaster hits and develop your skills and experience appropriately.

DON'T



Depart in haste assuming your help is needed (*Chaudry and Beasley, 2013*).

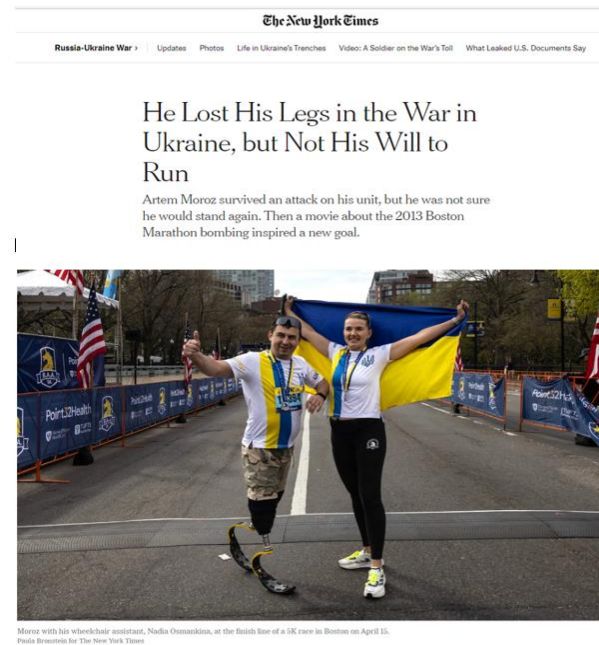
Meeting 2nd Feb 2023

- ❑ Focus on presentations for ISPRM Cartagena
- ❑ International advisory panel -Recruiting an international panel that can provide advice regarding set up of rehabilitation facilities and other advice would be beneficial
- ❑ Series of lectures co-ordinated through Columbia university available through ISPRM website now

[Session 1: Climate Change, Disability & Rehabilitation - YouTube](#)

Meeting 30th March 2023, 5th May 2023

- ❑ Results of the Turkey earthquake support survey-183 responders from over 23 countries willing to support in person and online
- ❑ David Crandell – Virtual amputee clinics held. Microsoft Hololens technology being used to provide real time clinician instructions from Boston to Ukraine . Aided by NGO Healthtech without borders
- ❑ New York times article where DC's work in amputee rehabilitation was quoted



PLAN FOR UPCOMING YEAR

- Create a pool of experts in Disaster Rehabilitation , who can be called upon for advice, online consultation and education
- Continue DRC working group focus on Disaster research, Communication, Impact of climate change
- Consolidate disaster response resources including resources on ISPRM website
- Closer liaison with UNLC (United Nations Liaison Committee)
- Continue collaboration with the Ukraine Rehab colleagues
- Study the impact of Covid-19 on the health sector and rehabilitation efforts for long covid impairments
- Strengthen health systems especially in resource limited countries and ensure that rehabilitation services are integrated into disaster preparedness and response plans.

Climate change- What are you doing?

- Use renewable energy- solar panels
- Transportation- Electric car, zoom meetings, public transport
- Conserve water- showers instead of baths, no leaky taps
- Sustainable eating- reduced meat consumption
- Responsible consumption- less plastics , more recycling
- Plant trees, sustainable garden
- Raise awareness, provide advocacy
- Reduce waste



Make peace not war!

My Ukrainian friend [alex tsiboulski - Google Search](#)

Playing J.S Bach's prelude from BWV 1007

Thank you !

